



# ADVANCED APPLICATIONS OF VLA: Fatigue, Stress and Female Health

Auckland	Mon 23 August	Novotel Ellerslie, 72-112 Greenlane East, Ellerslie
Brisbane	Mon 30 August	Brisbane Riverview Hotel, Cnr Kingsford Smith Dr & Hunt St, Hamilton
Sydney	Tues 31 August	Menzies Hotel, 14 Carrington Street, Sydney
Melbourne	Mon 6 September	Amora Riverwalk Hotel, 649 Bridge Road, Richmond
Perth	Wed 8 September	Novotel Langley Perth, 221 Adelaide Terrace, Perth
Adelaide	Fri 10 September	Stamford Plaza Adelaide, 150 North Terrace, Adelaide

**Registration/Lunch:** 12.30 pm to 1.30 pm  
**Session 1:** 1.30 pm to 3.30 pm  
**Break:** 3.30 pm to 4.00 pm  
**Session 2:** 4.00 pm to 5.30 pm  
 Total lecture time 3 ½ hours



Enjoy Life!

## YOUR PRESENTER: DIANA BURGESS

Diana Burgess is a Naturopath and the director of ProActive Health in Kerikeri, New Zealand. Diana introduced VLA to her clinic early in its development, and attributes much of her clinic's rapid growth to the VLAs ability to provide direction and motivation. Specialising in neuroendocrine health, Diana has built a thriving practice employing four staff in one of the busiest clinics in New Zealand – in a town of just 5000 people. Her excellent clinical results have led her to work alongside local GPs and develop an extensive referral network, with patients travelling hundreds of kilometres for a consultation. At this seminar Diana will be sharing some of her secrets to success with you, including fascinating case studies, business building tips and personal experiences.



# METAGENICS ARE PROUD TO PRESENT OUR VLA ADVANCED PROGRAM FOR 2010, EXCLUSIVELY FOR GRADUATES OF THE VLA PROGRAM.

**Special guest presenter:** Diana Burgess from ProActive Health clinic, Kerikeri, New Zealand.

Join with Diana and your fellow Practitioners for an in-depth discussion on the use of VLA to assess and monitor some of the most common clinical presentations we face in clinical practice, including fatigue, stress, anxiety and menstrual irregularities.

## In this case study based presentation Diana will:

- Share her experiences assessing her female clients for reproductive and hormonal irregularities using BIA technology.
- Discuss common patterns seen with menstrual irregularities and clinically trialled strategies to address them.
- Differentiate common drivers of long-term fatigue using VLA reports.
- Demonstrate the impact of stress and anxiety on body composition and cellular health results.
- Explain her assessment strategies for gastrointestinal health, detoxification and wellness patients.
- Emphasise how VLA provides both clinical direction and enhanced patient compliance.
- Share tips on how to employ VLA to build a profitable and successful business.



## VLA ADVANCED REGISTRATION FORM

VENUE you wish to attend: \_\_\_\_\_

Name/s: \_\_\_\_\_

Account No: \_\_\_\_\_ No. of attendees: \_\_\_\_\_

Clinic Name: \_\_\_\_\_

Address: \_\_\_\_\_

P/code: \_\_\_\_\_ Telephone: \_\_\_\_\_

Your Investment: **Free to VLA Graduates**

Health World Limited,  
PO Box 675, Virginia BC, Qld. 4014  
Fax: (07) 3117 3399  
Telephone Bookings: 1800 777 648

Health World (NZ) Limited,  
PO Box 35383, Browns Bay, North Shore City 0753  
Fax: (09) 478 2740  
Telephone Bookings: 0508 277 744

We expect that venues will be fully booked - please book early to avoid disappointment. Health World reserves the right to refuse entry to any person, or competitor, or employee thereof.

No tape recorders or video cameras allowed.